

PRE-COURSE

IMPROVING PATIENT CARE THROUGH WELLNESS, TEAMWORK, AND ORGANIZATIONAL CHANGES

Chair: Brian Scannell, MD

WEDNESDAY, MAY 15, 2019

8:00 AM – 12:00 PM

DESCRIPTION

As pediatric orthopaedic surgeons, we are constantly trying to improve care for our patients. Often, we overlook important areas that can improve the care of our patients: our own wellness, our team environment and practice efficiency, and our organizational culture.

The purpose of this Pre-Course is to discuss and offer practical improvement strategies for our own personal resilience, efficiency of practice, and organization cultural changes. This will inform our membership and provide a springboard for discussion on wellness within POSNA.

LEARNING OBJECTIVES

Upon completion of this program, participants should be able to:

OBJECTIVE 1: Appreciate issues surrounding physician burnout and discuss practical tools for improved physician wellness and resiliency

OBJECTIVE 2: Develop improved strategies to enhance team performance, patient safety through teamwork, and efficiency of practice

OBJECTIVE 3: Understand how to build a culture of wellness/change within your organization

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pediatric Orthopaedic Society of North America. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

CONTINUING MEDICAL EDUCATION

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of **3.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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Convention Center Richardson Ballroom CD

WEDNESDAY, MAY 15

8:00 AM–8:05 AM **WELCOME AND OVERVIEW**
Brian Scannell, MD

INTRODUCTION

Moderator: *Brian Scannell, MD*

8:05 AM–8:11 AM **What is Wellness, Why Talk About Burnout**
Vishwas Talwalkar, MD

8:11 AM–8:17 AM **Drivers of Burnout**
Jennifer Weiss, MD

8:17 AM–8:25 AM **Compassionate Care: Making It a Priority and the Science Behind It**
Michael Goldberg, MD

PART I: PERSONAL RESILIENCE AND WELLBEING

Moderator: *Henry (Hank) Chambers, MD*

8:25 AM–8:45 AM **Physician Resiliency and Tools for Improved Wellness**
Wayne Sotile, PhD

8:45 AM–9:05 AM **Surgeon Coaching: Why and How**
Jeffrey Smith, MD, FACS, CPC

9:05 AM–9:20 AM **Self-Compassion**
Wayne Sotile, PhD

9:20 AM–9:35 AM **Panel Q&A** with
Jeffrey Smith, MD, FACS, CPC;
Wayne Sotile, PhD

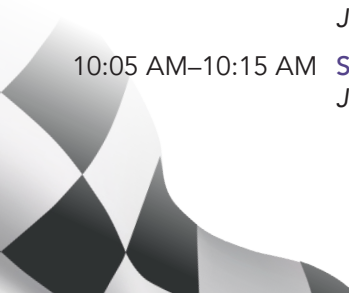
9:35 AM–9:55 AM Break

PART II: PERSONAL RESILIENCE AND WELLBEING

Moderator: *Cordelia Carter, MD*

9:55 AM–10:05 AM **Mistakes Made and Lessons Learned: A Mid-Career Pediatric Orthopaedic Surgeon's Journey to Sustain Energy and Avoid Burnout**
John (Jack) Flynn, MD

10:05 AM–10:15 AM **Second Victim Phenomenon: Managing Surgical Complications**
John (Tony) Herring, MD



10:15 AM–10:25 AM Panel Q&A with
John (Jack) Flynn, MD;
John (Tony) Herring, MD

TEAM COMPASSION, COLLABORATION, AND EFFICIENCY OF PRACTICE

Moderator: *Wudbhav (Woody) Sankar, MD*

10:25 AM–10:35 AM **Strategies and Tools to Enhance Team Performance**
Daniel Sucato, MD, MS

10:35 AM–10:45 AM **Strategies and Tools to Enhance Patient Safety**
Kevin Shea, MD

10:45 AM–10:55 AM **Improving Efficiency of Practice through Deliberate Incremental Adjustments**
Jeffrey Smith, MD, FACS, CPC

10:55 AM–11:10 AM Panel Q&A with
Kevin Shea, MD;
Daniel Sucato, MD, MS;
Jeffrey Smith, MD, FACS, CPC

ORGANIZATIONAL LEADERSHIP AND CULTURE

Moderator: *Michael Goldberg, MD*

11:10 AM–11:30 AM **Building a Culture of Wellness Within your Organization and Managing Systems that Don't Allow Collaborative Care**
Harris Baden, MD

11:30 AM–11:40 AM **Building a Culture of Wellness in an Orthopaedic Department/Group**
Virginia Casey, MD

11:40 AM–11:50 AM Panel Q&A with
Harris Baden, MD;
Virginia Casey, MD

11:50 AM–12:00 PM **POSNA'S PLAN WHAT POSNA IS DOING –**
Wellness Committee
Vishwas Talwalkar, MD
Jennifer Weiss, MD

12:00 PM **CLOSING**
Brian Scannell, MD

POSNA extends sincere appreciation to

NUVASIVE

for their support of the Pre-Course program.

